Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: UZKZ

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mabbe Andy

Coaches: Vandeputte Pieter HEADCOACH

Coaches: Vanden Abeele Syl

Coaches: Heyligen Bert

Coaches: Planckaert Pieter

Coaches: Rigole Luna

Coaches: Spincemaille Laura

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 32: 100M FREESTYLE WOMEN 13+ Heat:3, starttime: 14:05

Heat: 3/14 Lane : 7 Athlete: BLEUZé DAKOTA **Q-time: 01:17:40**

PB (25m pool): 01:17.40 Diksmuide 28/12/2025 **PB (50m pool):** 01:18.86 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.85		01:17.40	
		00:37.85		*00:39.55*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 32: 100M FREESTYLE WOMEN 13+ Heat:6, starttime: 14:10

Heat: 6/14 Lane : 3 Athlete: VANDEMAELE ELLIE **Q-time: 01:10:73**

PB (25m pool): 01:10.73 LAGO Zwevegem 25/05/2026 **PB (50m pool):** 01:13.78 **SB:** 01:10.85 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.88		01:10.73	
		00:34.88		*00:35.85*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 33: 200M MEDLEY MEN 13+ Heat:3, starttime: 14:30

Heat: 3/10 Lane : 6 Athlete: DE BAERE ARNAUD **Q-time: 02:54:51**

PB (25m pool): 02:54.51 Meulebeke 10/05/2026 **PB (50m pool):** 03:01.78 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.11		no time		no time		02:54.51
		00:36.11						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: UZKZ

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:5, starttime: 15:10

Heat: 5/11 Lane : 1 Athlete: BREDA MAUD — **Q-time: 01:32:03**

PB (25m pool): 01:32.03 Brugge 04/10/2026 **PB (50m pool):** 01:32.73 **SB:** 01:32.03 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.42		01:32.03	
		00:44.42		*00:47.61*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M BACKSTROKE WOMEN 11-12 — Heat:7, starttime: 15:15

Heat: 7/11 Lane : 8 Athlete: VANDENBULCKE FELI — **Q-time: 01:28:27**

PB (25m pool): 01:28.80 Brugge 04/10/2026 **PB (50m pool):** 01:28.27 **SB:** 01:28.80 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.33		01:28.80	
		00:43.33		*00:45.47*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 35: 200M MEDLEY MEN 11-12 — Heat:2, starttime: 15:30

Heat: 2/7 Lane : 5 Athlete: WINDELS LUCAS — **Q-time: 03:28:08**

PB (25m pool): 03:28.08 Meulebeke 10/05/2026 **PB (50m pool):** 03:39.74 **SB:** 03:38.30 Brugge 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:52.70		no time		no time		03:28.08
		00:52.70						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 35: 200M MEDLEY MEN 11-12 — Heat:2, starttime: 15:30

Heat: 2/7 Lane : 6 Athlete: VANDENDRIESSCHE MIRO — **Q-time: 03:32:25**

PB (25m pool): 03:32.25 Brugge 04/10/2026 **PB (50m pool):** no time **SB:** 03:32.25 Brugge 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:48.57		01:42.60		02:43.48		03:32.25
		00:48.57		*00:54.03*		*01:00.88*		*00:48.77*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: UZKZ

Event number: 35: 200M MEDLEY MEN 11-12 — Heat:6, starttime: 15:45

Heat: 6/7 Lane : 5 Athlete: SANDRA TUUR — **Q-time: 03:06:71**

PB (25m pool): 03:06.71 Meulebeke 10/05/2026 **PB (50m pool):** 03:12.48 **SB:** 03:09.04 Brugge 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:43.77		no time		no time		03:06.71
		00:43.77						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 35: 200M MEDLEY MEN 11-12 — Heat:7, starttime: 15:50

Heat: 7/7 Lane : 2 Athlete: BOHIJN NAUD — **Q-time: 03:03:60**

PB (25m pool): 03:03.60 Meulebeke 10/05/2026 **PB (50m pool):** 03:09.21 **SB:** 03:03.85 Brugge 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:43.91		no time		no time		03:03.60
		00:43.91						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 35: 200M MEDLEY MEN 11-12 — Heat:7, starttime: 15:50

Heat: 7/7 Lane : 5 Athlete: WINDELS JACK — **Q-time: 02:59:94**

PB (25m pool): 02:59.94 Brugge 04/10/2026 **PB (50m pool):** 03:07.75 **SB:** 02:59.94 Brugge 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:41.18		01:28.12		02:18.75		02:59.94
		00:41.18		*00:46.94*		*00:50.63*		*00:41.19*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 36: 50M BACKSTROKE WOMEN 13+ — Heat:2, starttime: 15:55

Heat: 2/9 Lane : 6 Athlete: BLEUZé DAKOTA — **Q-time: 00:42:51**

PB (25m pool): 00:42.51 Diksmuide 12/10/2025 **PB (50m pool):** 00:43.89 **SB:** no time

	25M	50M	
PB		00:42.51	
		00:42.51	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 6: COACH evaluation sheet for TEAM: UZKZ

Event number: 36: 50M BACKSTROKE WOMEN 13+ **Heat:3, starttime: 15:55**

Heat: 3/9 Lane : 5 Athlete: VANDEMAELE ELLIE **Q-time: 00:40:46**

PB (25m pool): 00:40.46 Diksmuide 12/10/2025 **PB (50m pool):** 00:41.43 **SB:** no time

	25 M	50 M	
PB		00:40.46	
		00:40.46	
	. . : . . : . .	. . : . . : . .	

Coach feedback: